

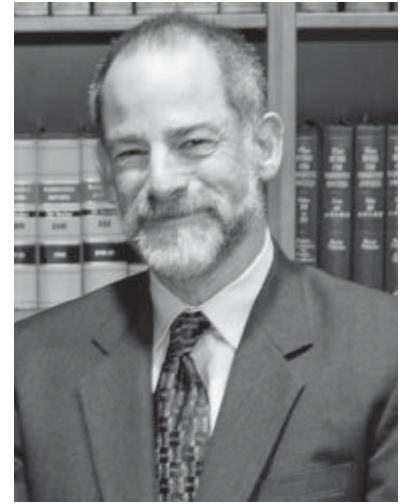


COMPASSION & CHOICES OF WASHINGTON

2010 Annual Report



LETTER FROM THE PRESIDENT



Terry Barnett, Esq., President

Dear Friends of Compassion & Choices of Washington,

We are pleased to present our 2010 Annual Report as evidence of our stewardship of your contributions. Although enacted in 2009, the Washington Death with Dignity Act has only been fully in place since 2010. It was also a challenging year for our organization. Our caseload has nearly tripled, and we have been exceptionally busy helping clients and their families dealing with difficult end-of-life decisions.

As you know, our total commitment to the passage of the Washington Death With Dignity Act (DWDA) strained our resources, and now the law has created more demand for client support and advocacy. Fortunately, our hardworking staff and volunteers have risen to the challenge. Robb Miller, Executive Director; Amber Wade, MSW, Director of Client Support; our Client Support Volunteers; Medical Directors; and office volunteers have all worked diligently to meet the increasing demands. We're thankful to have several new volunteers in communities such as Bellingham, Spokane, and Vancouver, enabling us to provide face-to-face counseling to more clients across Washington than ever before.

We look forward to the coming year with optimism. Since early 2009, we have operated with only two full-time employees and minimal financial reserves. As this report goes to press, generous contributions from several individual donors and the Riverstyx Foundation have made it possible for us to hire a Director of Development, Carol Gipson, MA. Thanks to our belt-tightening and with the help of our generous donors, our year-end financial statement indicates that we are beginning to recover from the DWDA campaign.

The hard work of upholding patients' rights to access the DWDA has just begun. While some may have seen the passage of Initiative 1000 as the end of the campaign, we know that it was just the end of the beginning. Thank you for making it possible for us to meet the challenges of this past year. With your ongoing support, Compassion & Choices of Washington can continue to alleviate unnecessary suffering and uphold the right to choice at the end of life.

Warm regards,

A handwritten signature in cursive script that reads "Terry Barnett".

Terry Barnett, Esq.
President

ADVOCACY



Drawing of the late Norman Shapiro, by his wife and artist, Audrey Roll. With assistance from C&C, Audrey went public about her husband's lack of access to information about Death With Dignity. The resulting front-page story in the Bellingham Herald educated thousands in Whatcom County about the issue and exposed the local hospice provider's antichoice policies.

Ensuring that qualified patients' right to die on their own terms – including the option of Death With Dignity – was the focus of our advocacy efforts in 2010. Compassion & Choices of Washington believes knowledge is power, and that is why we improved the information on our website and revised our Death With Dignity Act (DWDA) educational materials for patients and participating physicians.

The heart of our program is our free client support services. Several new Client Support Volunteers were trained, and local volunteers are now in place in a number of new regions across Washington.

C&C office volunteers located pharmacists statewide who are willing to participate in the DWDA. C&C's medical directors provided support and expertise to physicians and other medical providers and helped locate physicians for patients whose doctors declined to participate in the law.

C&C lobbied the legislature about issues such as the Safe Medicine Return bill, the Pain Management bill, and retaining the Hospice Medicaid benefit.

OUTREACH

During the second year following the enactment of DWDA, C&C's speakers were in high demand. Our presenters were featured at a number of continuing education programs for social workers, nurses, and physicians.

Advance planning workshops were provided and exhibits were staffed at community events held across the state, including Sequim, Port Angeles, Lacey, Tacoma, Vancouver, Omak, Richland, and Chelan. Highlights included presentations by:



Arline Hinckley, ACSW, Board Member, Client Support Volunteer, and speaker.



Robb Miller, Executive Director.

- C&C's Medical Director, Tom Preston, MD, at Grand Rounds (presentations to physicians) at the University of Washington Medical Center and Kadlec Regional Medical Center.
- Board member and client support volunteer, Arline Hinckley, ACSW, to health care coordinators at Virginia Mason Medical Center and at the Annual Palliative Care Conference at Harborview Medical Center.
- C&C's executive director, Robb Miller, at the Washington State Hospice and Palliative Care Organization's Annual Conference and the Washington State Medical Association's Annual Meeting.



At C&C's 2010 Annual Meeting Lisa Koch, comedian/musician, performed a play she wrote about her father, who died using the Oregon Death with Dignity Act.



Tom Preston, MD, C&C Senior Medical Director and speaker.

2010 STATEMENT OF FINANCIAL POSITION

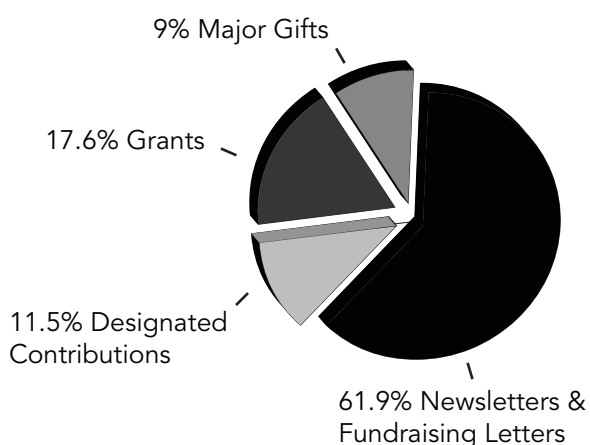
July 1, 2009 to June 30, 2010

INCOME

Contributions	
Newsletters & Fundraising Letters	\$187,929.45
Designated Contributions	35,000.00
Major Gifts	27,970.00
Grants	53,500.00
Dividends & Interest	156.32
Total Income	\$304,555.77

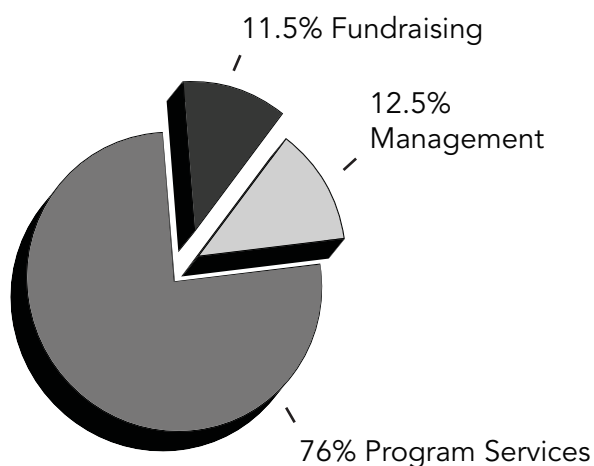
EXPENSE

Accounting Fees	\$ 1,160.00
Bank & Credit Card Processing Fees	1,098.08
Catering	435.76
Communications	3,427.09
Conferences/Workshops	2,153.00
Consulting Services (Lobbyist)	36,188.95
Equipment Lease & Repairs	1,219.46
Expansion & Development	3,371.11
Property & Liability Insurance	750.94
Memberships	479.90
New Office Equipment	208.05
Occupancy	15,815.05
Payroll & Benefits	152,413.62
Postage/Shipping	12,385.32
Printing	15,369.82
Retirement Contribution	11,338.38
Supplies	2,097.35
Taxes & Licenses	2,133.09
Travel & Lodging	2,341.89
Total Expense	\$264,386.86



Compassion & Choices of Washington's services are free and available to anyone who seeks our assistance. This community service is possible because of many dedicated and loyal supporters. We gratefully acknowledge the generosity of thousands of individual contributors and the following foundations for their support during this fiscal year:

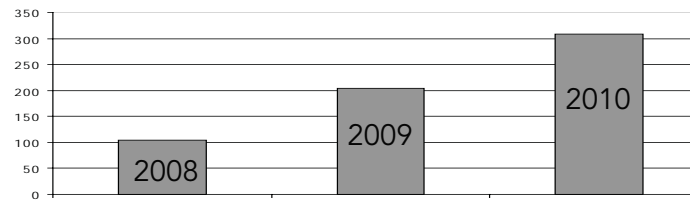
Chester Woodruff Foundation
 Dudley Foundation
 McEachern Morrison Foundation
 Older Women's League
 Riverstyx Foundation
 Seattle Foundation
 Transformation Fund



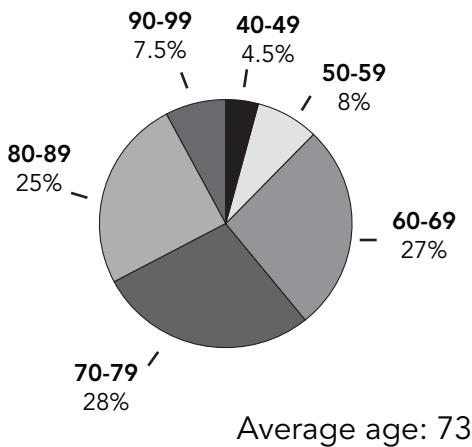
2010 CLIENT SUPPORT STATISTICS

Compassion & Choices of Washington received thousands of inquiries about the organization and its services. We mailed **220 C&C Advance Directive packets** and **212 Physician Orders for Life Sustaining Treatment forms**. Countless others were downloaded from our website or were distributed at community events.

CLIENTS RECEIVING ONE-ON-ONE COUNSELING

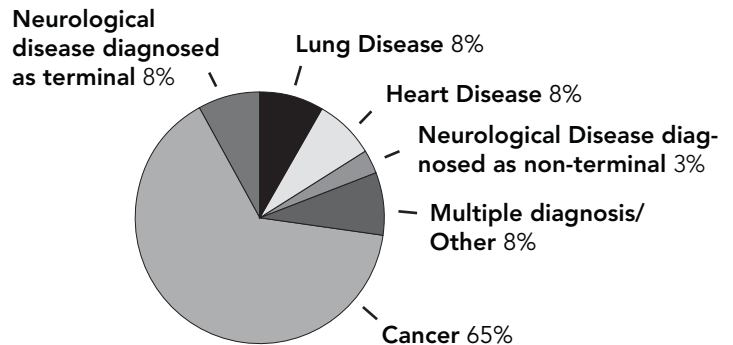


AGE RANGE



We offered in-home client support services to **309 clients** and their families. The statistics below cover all patients who received client support, not just those who requested support to use the Death With Dignity Act (DWDA), unless otherwise specified.

PRIMARY DIAGNOSIS



TYPE OF DEATH

Natural - 68
 Aid in dying (DWDA) - 50
 Stopped eating/drinking - 4
 Double effect - 2
 Stopped treatment - 1
 Non-C&C protocol - 1

ETHNICITY

African America - 0.5%
 Asian American - 2%
 White/Caucasian - 96%
 Other - 1.5%

GENDER

Male - 56%
 Female - 44%

VOLUNTEER COMMITMENT

Total hours Client Support Volunteers donated: 859.

Average length of C&C relationship with client for cases closed in 2010: 102 days.

CHARACTERISTICS OF C&C'S DWDA CLIENTS

On hospice at death - 84%
 Self-identified as religious - 48%
 Had health insurance - 88%
 Longtime belief in having control of death - 97%
 Average time to death for patients who self-administered life-ending medications without a volunteer present - 1.5 hours.
 Average time to death for patients who self-administered life-ending medications with a volunteer present - 37 minutes.

PLANNED GIVING

When you make a donation or a planned gift to Compassion & Choices of Washington (C&C), your values are honored in the service of others. All C&C clients and their families receive counseling and assistance *free of charge*, thanks to generous donations from our supporters.

Your gift supports direct client services in Washington. Due to recent grants from the Riverstyx Foundation and two generous individual donors, our fundraising expenses will be covered between 2011 and 2013. Therefore,

your contributions go directly to programs and outreach which support the clients and families who need our services.

Depending on your interests and needs, there are many ways to give:

Outright gifts are always gratefully accepted. You can make a contribution for unrestricted support or designate your gift for a specific purpose or project. We are happy to talk to you about our current program needs and how to make the best use of your gift.

Memorial and honorary gifts can be given to celebrate the lives and achievements of people who have been important to you. Place a statement in your obituary requesting that memorial donations or remembrances be sent to Compassion & Choices of Washington, PO Box 61369, Seattle, WA 98141.



Our dedicated Client Support Volunteer Team.

Bequests ensure that C&C's services are available for future generations. Consider leaving a percentage of your estate or a contribution for a specific amount to C&C as a bequest in your will. Your estate planner can guide you through this, or we can refer you to a qualified advisor.

Life insurance, retirement accounts, and appreciated assets can provide significant tax advantages by making C&C the beneficiary of these funds. We are happy to refer you to a consultant who can evaluate your situation and determine the most advantageous ways for you to give.

Workplace matching gifts can double or even triple the value of your gift. If you, your family, and friends regularly give to United Way during the fall or spring campaigns, you can specifically designate your pledged donation to C&C on the United Way pledge form. Some companies even match gifts from retired employees and their spouses or domestic partners. Your company's human resources office can provide information and forms.

There are other forms of giving as well. If you would like to discuss the best way to contribute to C&C, please contact Carol Gipson, Director of Development, at (206) 256-1636 or cgipson@compassionwa.org.

Thank you for considering a gift to C&C of Washington. Together we can ensure choice and dignity at the end of life.

"My family wants to thank you so much for the help and assistance in traveling this difficult journey. Having some control over the final outcome was one of Sue's greatest wishes. I don't know how we could ever have navigated the journey without your help. Your presence was most reassuring, especially during those final days. Thank you again from all of us."

~ from the husband of a C&C client

BOARD OF DIRECTORS

Terry Barnett, Esq., President, is retired after 30 years practicing law. His legal work included matters related to death and dying; service on ethics committees for the VA Medical Center (Seattle and American Lake), Group Health Cooperative of Puget Sound (Seattle and Tacoma), Allenmore Medical Center (Tacoma), and Western State Hospital; advocacy on behalf of patient-clients and families on matters related to withholding and withdrawing life sustaining medical treatment; and authorship of the book, "Living Wills and More," a comprehensive guide for planning to avoid unwanted life-sustaining medical treatment. In 2002 he received the Leadership Award from the Lambda Legal Society for precedent-setting legal work to secure property rights for same-sex partners in Washington. He has been a member of C&C's board since 1997.

Joanne Brekke-Selk, MPA, attended the University of Washington, receiving a B.A. in Sociology and later a Masters in Public Administration. She was elected to the Washington State Legislature in 1978, representing the 32nd District for 15 years. During her legislative career her personal interest lay with the social services, ensuring support was available for individuals of all ages including the poor, the vulnerable, and senior citizens. Joanne also served on the Board of Senior Services of Seattle-King County for six years, advocating on behalf of older adults in King County. More recently, she has been active volunteering with a number of organizations including C&C.

Sheila B. Cook served as a board member of the Hemlock Society of Washington State in the late 1980s. In 1991, she was the full-time volunteer coordinator for the Washington Citizens for Death With Dignity campaign (Initiative-119). In 1993, she was one of eleven founders of Compassion In Dying. Since that time, Sheila was a Client Support Volunteer and served as C&C's Client Support Team Coordinator for 15 years. For 25 years, she owned and operated a secretarial services business.

Gretchen DeRoche became a full-time volunteer in 1986, facilitating support groups for people with AIDS and care-giving those who were alone. In 1992 she received the Jefferson Award, a national award honoring community and public service. When the AIDS crisis abated in 1997, Gretchen added volunteering for C&C to her schedule. She is now one of C&C's longest-serving client support volunteers. Gretchen became the Client Support Team Coordinator in 2008.

Robert Free, Esq., served on C&C's Advisory Committee for many years before joining the Board of Directors this year. Bob and other lawyers from his firm, MacDonald, Hoague & Bayless, generously provided many pro bono hours authoring seven amicus briefs on behalf of survivors of C&C's former clients. These briefs described for the courts the differing realities of what happens to families when a competent, terminally ill person is granted, or forbidden, the choice of aid in dying. They were presented to the Washington and United States Supreme Courts as well as various lower federal courts. After 35 years practicing law, Bob is in the process of retiring and looks forward to teaching immigration law, his specialty, at the University of Washington next year.

Richard Gibson, MDiv, retired following 30 years of ministry as the pastor of Terrace View Presbyterian Church in Mountlake Terrace, Washington. He is active with Peace Action, a grassroots organization opposed to war and violence. Dick is a board member of the Snohomish County Food Bank Coalition and founded the Mountlake Terrace food bank. In his spare time, he teaches classes on religion, archaeology, and the Bible at different churches and the Creative Retirement Institute of Edmonds Community College.

Alberta Golden, MLS, is a retired community college librarian and served for six years on the board of CRONE, an organization for older women. Her interest in and support of C&C began in 1996 when she assisted with registration for a C&C program at the University of Washington. Alberta has a special interest in end-of-life decisions and leads classes about advance directives.

Judith Gordon, PhD - Dr. Gordon is a licensed psychologist with a psychotherapy practice in Seattle and Clinical Professor of Psychology at the University of Washington. For many years she conducted research, wrote, and trained mental health professionals regarding changing health risk behaviors. She has focused on policy and research in end-of-life decision-making since 1996. She chaired the Washington State Psychological Association (WSPA) End-of-Life Task Force from 1997-2010 and received the WSPA Social Issues Award in 1999 and 2007 for her work in end-of-life issues.

Pamela J. Hanlon, RN, Esq., is a health care attorney and critical care nurse. She has seen firsthand how the lack of understanding and access to information about end-of-life choices affects terminally ill patients and their loved ones. At law school she studied under Compassion & Choices' National Director of Legal Affairs, Kathryn Tucker, Esq. Since that time she has worked with various hospital and health care organizations implementing hospice and palliative care programs. More recently, she published an article in Bar News, the journal of the Washington State Bar Association, explaining how the Death With Dignity Act benefits the citizens of Washington. As a member of the Washington End of Life Consensus Coalition, she advocates for informed end-of-life choices through education and public outreach.

Arline Hinckley, ACSW, Secretary, has long had an interest in the areas of personal freedom, choice, and end-of-life issues. Arline was a Public Health Social Worker for high-risk pregnant women and infants. She also worked with the hematology/

oncology team at the University of Missouri Medical Center, where she instructed medical students in the needs of dying patients and their families. She was a longtime Hemlock Society of Washington State board member and joined the C&C board in 2005. Arline now volunteers for a local hospice and is a Client Support Volunteer for C&C.

Midge Levy, ACSW, Vice President, is a retired social worker with extensive experience in hospice. She has been involved in the right-to-die movement since her student days as a member of the Exit Society in the UK. She was a founding member of the Hemlock Society of Washington State, and served as its president from 1993-2005. Midge was Co-President of C&C's board from 2005-2006 and is C&C's Outreach Coordinator. She is also active with the Washington State Chapter of the National Association of Social Workers (NASW), served on their board and Executive Committee, and was a consultant for the NASW Policy on End-of-Life Decisions in 1993. Midge received the "Social Worker of the Year" award in 2000 for her legislative activities and continues to be an active member of the NASW's Legislative Action Committee. She also served on the leadership team of the Initiative 1000 (Washington Death With Dignity) campaign in 2008.

Catherine L. Longhi, MPA, Treasurer, joined the C&C Board in 2000, and served as president or co-president from 2005 until June 2008. She has been involved in medical ethics and issues of personal choice for many years. Over 20 years' experience as a health care administrator and personal experience with the needs of terminally ill people and their families have strengthened her commitment to C&C's principles.

B. Kirk Robinson joined the C&C board in 1995 and also served on the C&C National board. He comes to this post with a long-standing interest in the issue of death with dignity. Kirk served as president of Washington Citizens for Death With Dignity during the 1991 Initiative 119 campaign and was the campaign's chief spokesperson. He also served on the leadership team of the Initiative 1000 campaign in 2008. He is owner and CEO of The Robinson Company, a construction management firm.

Patricia Simpson, MDiv, is the Seattle District Superintendent of the Pacific Northwest United Methodist Conference and oversees 50 congregations, five ethnic fellowships, and 65 clergy in King County. Her pastoring experience has taken her all over western Washington, from very small towns to downtown Seattle, where she was the pastor at a church for homeless and formerly homeless women. Her community leadership includes participation on the Interfaith Task Force on Homelessness, Real Change Advisory Board, Community Action for Homeless Women, Task Force on Children and Poverty, Atlantic Street Center, Healing Care Fund, Church Women United, and the Faith Trust Institute.

Thomas Smith, MD, has been practicing medicine for 22 years and has provided care for those with HIV since the inception of the AIDS epidemic in the early 1980s when he was just beginning his career. He was a member of the original board of the Northwest AIDS Foundation (now the Lifelong AIDS Association) and has been involved with the planning committees in the various AIDS housing options which have developed over the years. His diverse community involvement and his extensive experience in dealing with end-of-life issues are strengths that he brings to the board.

STAFF

Robb Miller - Executive Director
Carol Gipson, MA - Director of Development
Amber Wade, MSW - Director of Client Support
Kate White Tudor, Esq. - Lobbyist
Jay Lee - Intern

ADVISORY COMMITTEE

Michael Bonacci, MFA
Jonathan Gavrin, MD
Steven Ginsberg, MD
Molly Hoffman, MSW
Trudy James, MRE
Len Mandelbaum, Esq.
Rusty Myers, MSW
Paul V. O'Donnell, MD, PhD
William O. Robertson, MD
Steven Schindler, Esq.
Fred Simons, PharmD
Virginia Stout, MA, PhD
Doreen Tarr, CA
Jinny Tesik, MA
Mary Watson, LPN

CLIENT SUPPORT VOLUNTEERS

Dick Baker, MD, *Medical Director*
Monty Berke, MSW
Sarah Berry, PhD
Joe Jack Davis, MD
Risa Denenberg, RN
Gretchen DeRoche, Client Support Coordinator
Rosemary Harer, LHMC, MA
Jenny Ruff
Joe Handelman
Cynthia Heft
Beda Herbison, MSW
Arline Hinckley, MSW
Hal Holte, MD
Louise Hull
Jeannette Jacobson
Jackie Klakken
Priscilla Leary, RN
William Logan, MS, CMD
Jim Moody, PhD
Nancy Nugent
Charles Parrish
Tom Preston, MD, *Senior Medical Director*
Doug Schiebel, PhD
Robert Wood, MD, *Medical Director*



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Support. Educate. Advocate. Choice & Care at the End of Life.